

BASIC NEEDS SERVICES

We believe that all neighbors should have access to food and financial resources to help keep their family self-sufficient, stable and successful.



Food Shelf

Keystone Community Food Center

Located in the Keystone Community Food Center, our food shelf is designed to support people who need food assistance and other help. We are walk-in based, offering once a month shopping. Neighbors can select their own groceries, choosing from fresh produce, meat, dairy and other staples.

Foodmobile

Wheels on the ground since 2015, Keystone's Foodmobiles travel throughout St. Paul and the northern suburbs of Ramsey County to bring food shelf services to neighbors who cannot access traditional food shelves due to barriers like transportation, mobility or location.



Grocery Delivery

Keystone's free grocery delivery program is designed to increase food access for low-income seniors and adults with disabilities. Food is sourced from the Community Food Center and packed by volunteers. Those who qualify can receive a delivery once a month.

Free Farmers Markets

Our pop-up produce distributions are held from June - October at three convenient community locations: Allianz Field, Roseville Covenant Church and the Rice and Arlington Batting Cages. This low-barrier model brings fresh, healthy produce to neighbors at no cost.



Community Support Services

Our team of Navigators connect families in emergency situations to resources for housing, utilities, SNAP application assistance, and other basic needs. Our program offers one-time emergency financial assistance to families in need of support with the cost of utilities, housing, transportation and other expenses.

SENIOR SERVICES

At Keystone Community Services, we believe that aging should be celebrated, not feared.



Meals on Wheels

West 7th Community Center

Meals on Wheels is a community-based program that delivers nutritious meals directly to the homes of seniors and individuals with disabilities who may have difficulty shopping or preparing meals on their own. The service is designed to support independent living by ensuring clients receive regular, balanced meals tailored to their dietary needs.



Active Seniors Program

Designed to promote physical, mental, and social well-being. It includes: Fitness classes, Educational workshops, Social Support services, and Tech support. The goal is to keep seniors engaged, independent, and connected with others.



Resource Navigation

Keystone Resource Navigators help older adults identify their needs, find relevant resources, understand how to utilize them, and connect with those resources. Common calls are regarding accessing healthcare, understanding benefits, completing paperwork, or exploring options to remain living independently.



Chore & Transportation Services

For older adults connected to Keystone Services, we offer limited chore and transportation services, assisted by trained volunteers. These services may include rides to Keystone Activities, medical appointments, or the grocery store, as well as chore services such as minor home repairs, yard work, running errands, dog walking, or assistance with technology.



Care Consultation

Keystone Care Consultants provide critical services to help seniors navigate their health, economic and social needs. We help seniors, families and caregivers make the best care decisions to meet unique needs and goals.



YOUTH SERVICES

Keystone's youth programs help youth build confidence and competence to succeed in school, at home and in their community.



Community Kids

West 7th Community Center

Community Kids is a free after school and summer program offered to families in the West 7th neighborhood. It focuses on having fun, fostering friendships, social and emotional development, homework help, and more. The program serves grades K-10 and operates Mon-Fri from 2pm-6pm during the school year, and Mon-Fri from 12pm-6pm for eight weeks during the summer.



Youth Employment

Keystone's Youth Employment program helps young people build confidence and real-world skills. Explore positions as a Teen Tutor, Community Kids Assistant, Best Buy Teen Tech Center Assistant, Express Bike Shop Crew, and Food Center Assistant.



Teen Tech

The Best Buy Teen Tech Center provides teens with access to technology, training, and mentorship. The Career Pathways Program gives youth (16-19) the opportunity to develop technology and work-readiness skills through an interactive and fun training program culminating in a tech-related internship in the summer.

Teen Tutor

McDonough Recreation Center (2nd floor)

Teen Tutor Program is a free after school & summer program helping youth build successful futures. It focuses on homework help in reading, Math, STEM, Social Skills, Sports, Field Trips, and many others. This program serves youth entering grades K - 8 in the Fall and operates from Mon-Thurs from 4pm-7pm during the school year and Mon-Thurs from 2pm-6pm for eight weeks during the summer.



Youth & Family Support

The Youth & Family Support Specialist helps families connect with resources and community partners. They work with school social workers to ensure that students' mental, emotional, and any behavioral issues are identified, addressed and met.